

BLS Student Starter Checklist



Everything you need to feel ready and confident on class day

Before You Register:

- Double-check your program requires AHA BLS certification (most do)
- Make sure the class is scheduled before your clinicals or school deadline
- Pick a provider that actually holds the class (we don't cancel)

What to Bring:

- Something to write with (optional)
- Water or a small snack (optional)
- Comfortable clothes — you'll be practicing CPR on the floor

What to Expect:

- Class is about 2.5 hours, start to finish
- You'll get hands-on practice with CPR, AEDs, and choking response
- Short multiple-choice test at the end (we'll go over what you need to know)
- You'll leave with your AHA eCard certification the same day

After Class:

- Send your eCard to your school or clinical coordinator
- Save a copy for yourself
- Your certification lasts 2 years — set a reminder to renew